

## 2022 AGM

Thank you for attending our AGM!



Our LIFE staff created, planned and hosted our 3rd virtual AGM on June 7th, with 44 people logged onto zoom to participate! Connection through technology!

We shared a wonderful video showcasing our Innovative Life Options Gratitude Book. In 2021 and early 2022, numerous requests were sent out to ICOF employers, the LIFE staff team and the LIFE board to contribute a brief write up and picture sharing something they were grateful for. With the Covid-19 pandemic challenging our everyday routines, impacting our connections with loved ones and shifting how we connect with others, we thought the topic of gratitude was important and timely. You did not disappoint! The gratitude book is filled with wonderful pictures and stories.

The official AGM business began when Rose Flaig, our Board Chairperson welcomed everyone and presented her report. Our treasurer, Evelyn Yelinek also presented the 2021 – 2022 audited financial statement that was approved by the membership.

Stephen Walker presented nominations for the LIFE Board. Thank you to Wendy Caughlin for her many years of contribution as a Board Member and welcome to our new Board Member, Mary Shariff. Stephen also shared the 2022 Possibility Grant Winners. Congratulations to all the 2022 recipients.

Patti, our Executive Director presented her annual report, with special thanks given to the LIFE team for their hard work throughout this past year and the LIFE Board for their leadership and determination.

After the AGM business was complete, the LIFE team shared a poem called "Gratitude" and closed off the AGM with people visiting and chatting for a few minutes.

Thank you for attending our 3<sup>rd</sup> virtual AGM. See you all next year!